

# **Act together. Protect each other.**

Dear Community Partner,

As we face a National Health Crisis in relation to COVID 19, it is key that we act to protect everyone within our communities. The priority is to keep the country safe by slowing down the spread of the virus. This will allow our health service to deal with any cases of the virus while continuing to support those in care, deal with emergencies and treat those presenting with other known conditions while at the same time safeguarding the vulnerable.

Irish Red Cross Community Support Services (where capacity allows) promises to support local communities and vulnerable individuals throughout this crisis. We can do this through providing a caring contact by making regular contact via phone to limit risk of community transmission. We can ensure people fearful of going out or high risk of contracting the virus have access to food supplies, basic household items, cleaning products and prescription medications while in self-isolation, quarantine or cocooning.

The enclosed leaflet provides information on the virus, dos and don'ts to follow, and ways of breaking the chain of infection. Educating people on what the virus is and ways to stop the spread will make our communities more resilient. This leaflet should be provided to the public to keep individuals informed.

If there is any way the National Community Support Team can assist at this time, contact us by phoning 01 642 4600 or emailing [communitysupport@redcross.ie](mailto:communitysupport@redcross.ie)

Yours in volunteering



**Aiden Lonergan**

**National Director of Community Support**